

“If you wouldn't be comfortable hanging something on a billboard outside your house so your family, friends, teachers, and neighbors can see it, don't post it online.”

Katya Gifford of CyberAngels



#### Additional Resources Can Be Found At:

[www.i-safe.org](http://www.i-safe.org)

[www.internet-safety.org/](http://www.internet-safety.org/)

[www.safeteens.com](http://www.safeteens.com)

[www.netsmartz.org](http://www.netsmartz.org)

[www.staysafeonline.org](http://www.staysafeonline.org)

[www.wiredsafety.org](http://www.wiredsafety.org)

[www.childnet-int.org](http://www.childnet-int.org)

[www.cybersmart.org/home](http://www.cybersmart.org/home)



## Internet Safety

SAFETY TIPS FOR  
PARENTS AND TEENS



Kentucky FBLA

# Online Safety Tips



## Internet Smart Rules

Do NOT give out Personal Information use only your first name

Do NOT send pictures to a person you met online

Tell an adult when someone online makes you feel uncomfortable

Do NOT agree to meet someone you met online

Do NOT give out credit card numbers to anyone

Do NOT assume email is private

Do NOT download anything with asking a teacher or parent

Do NOT forward chain letters

Do NOT tell anyone your account password

Do NOT believe everything you read

Think about what you post

## Parent Tips

Place your computer in the most public room in your house

Make ground rules for your child's internet usage

Spend time using the internet with your child and encourage children to share sites they find online.

Tell your child not to ever give out personal information without your permission.

Tell your child not to respond to messages that may make them feel uncomfortable

Inform your internet service provider of any inappropriate uses of the Internet found you or your child.

Know what parental controls can and cannot do and how they work.



## Cyber Bullying

***Cyber Bullying is verbal harassment that occurs during online activities. Cyber Bullying can take many forms. Below are a few:***

- A threatening e-mail
- Nasty instant messaging session
- Repeated notes sent to the cell phone
- A website set up to harass others
- "Borrowing" someone's screen name and pretending to be them while posting a message
- Forwarding supposedly private messages, pictures, or video to others

